

**Banana Buzz** 9

Banana, honey, cinnamon, coconut yoghurt, milk

**Berry Delicious** 9

Strawberry, raspberry, blueberry, pineapple, milk

**Green Goblin** 9

Pear, kiwi, spinach, greens powder, coconut water

**Likuid Day Maker** 9

Double shot coffee, espresso ice cream, almonds, protein powder, milk

**Likuid Gold** 9

Peanut butter, cacao, dates, banana, honey comb ice cream, milk

**Choose Your Milk**

Full Cream

Skim

Soy

Almond

Coconut

Lactose Free

*Swap Ice Cream for Nice Cream (Dairy Free)*

**Salt & Vinegar SA Calamari** GF 18

Local SA calamari, fries, fine greens, citrus aioli, lemon.

**CBD Burger** GFO 17

Cheese, bacon, beef patty, crunchy onion rings, tomato chutney on a milk bun with spiced pickle and side of fries.

**Fried Chicken Burger** GFO 16

Fried chicken, tomato, cucumber, lettuce, chipotle aioli on a milk bun with spiced pickle and side of fries.

**Chargrilled Moroccan Chicken** GF 16

Chargrilled Moroccan chicken, with fresh salad and polenta chips.

**Seared Tuna** GF 19

Seared tuna steak, with fresh salad and polenta chips.

**All Day Display**

Browse the display cabinet for fresh wraps, salads, sandwiches, baked goods, soups, curries and more...

GF = Gluten Free    GFO = Gluten Free Optional

<b>Eggs on Toasted Sourdough</b> V, GFO	9
Two free range eggs your way on toasted sourdough.	
<b>Bacon &amp; Eggs on Toast</b> GFO	12
Crispy bacon, two free range eggs your way, toasted sourdough with tomato relish.	
<b>Smashed Avocado</b> V, GFO	13
Beetroot whipped feta, blistered cherry tomato, alfalfa, toasted walnut macadamia crumble on sourdough.	
<b>Add 2 eggs your way...</b>	16
<b>Omelette &amp; Toast</b> GFO	14
- Vegetarian <i>Pumpkin, mushroom, caramelised onions, cheese, spinach</i>	
- Carnivore <i>Smoked bacon, prosciutto, caramelised onions, cheese</i>	
<b>Big Brekkie</b> GFO	19
Thick cut bacon, chorizo, mushrooms, eggs your way, smashed avo, cherry tomatoes & sourdough.	
<b>Eggs Benedict</b> GFO	16
Poached free range eggs, house hollandaise, spinach on sourdough, with choice of <b>leg ham or smoked salmon</b>	
<b>Toast &amp; Spreads</b> GFO	6
Choice of breads (sourdough, rye, GF white) with choice of toppings (butter, vegemite, strawb jam, peanut butter, avo)	

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